

# Pass Route Recognition

1

T

G

C

G

T

2

3

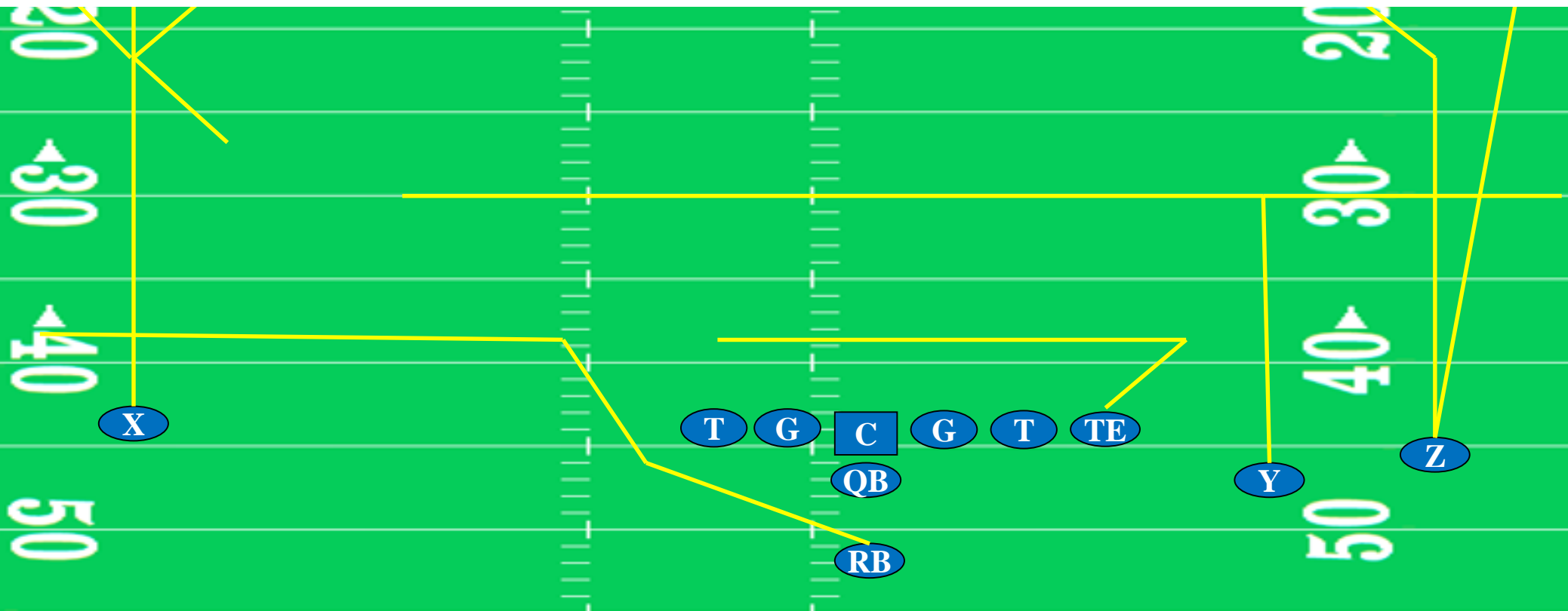
4

QB

RB

# Route Recognition Notes

- **Following slides depict basic NFL passing routes**
  - This terminology will be used in all communication going forward
- **Potential OPI and DPI Fouls are displayed**
  - These are generalized, there are no absolutes
- **ICT and DH Fouls are possible on any of these routes.**



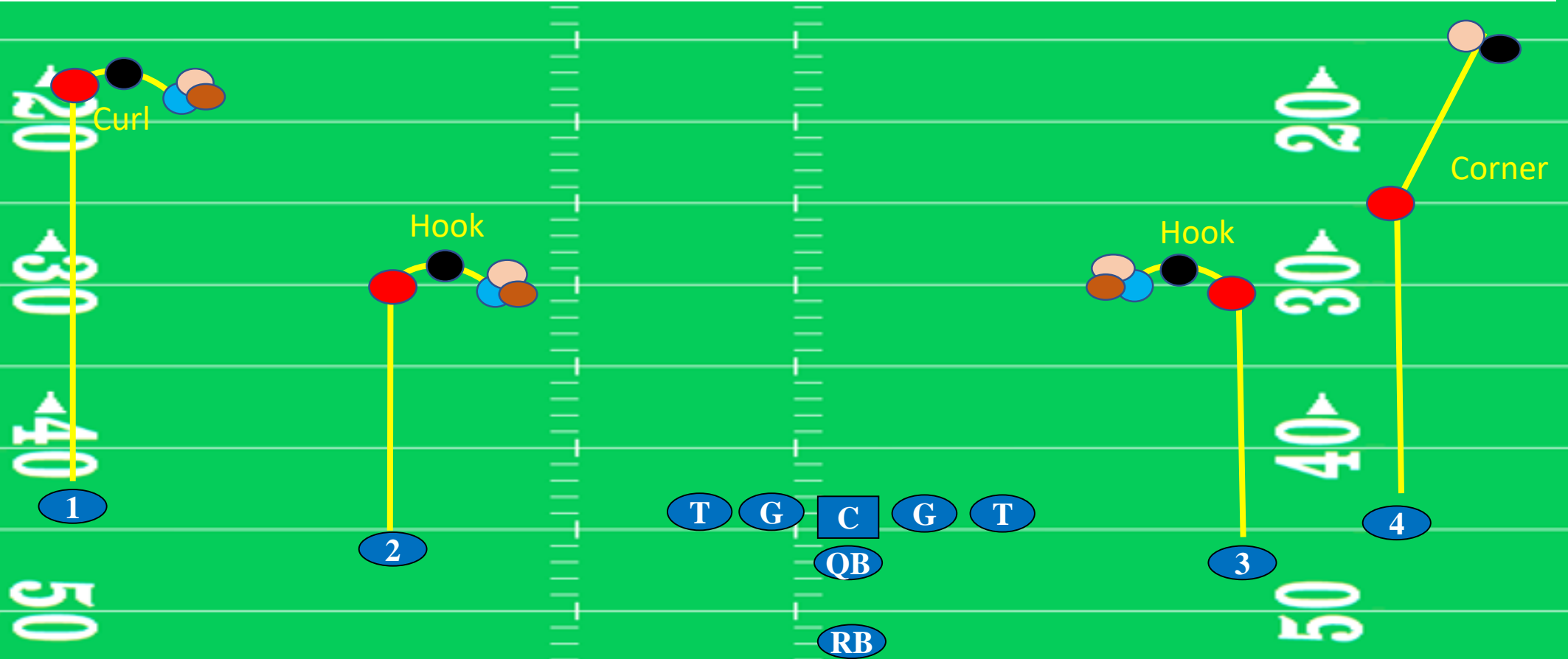
# Hook, Curl and Corner Routes

## Offensive Pass Interference

- Push off at the top of the route ●

## Defensive Pass Interference

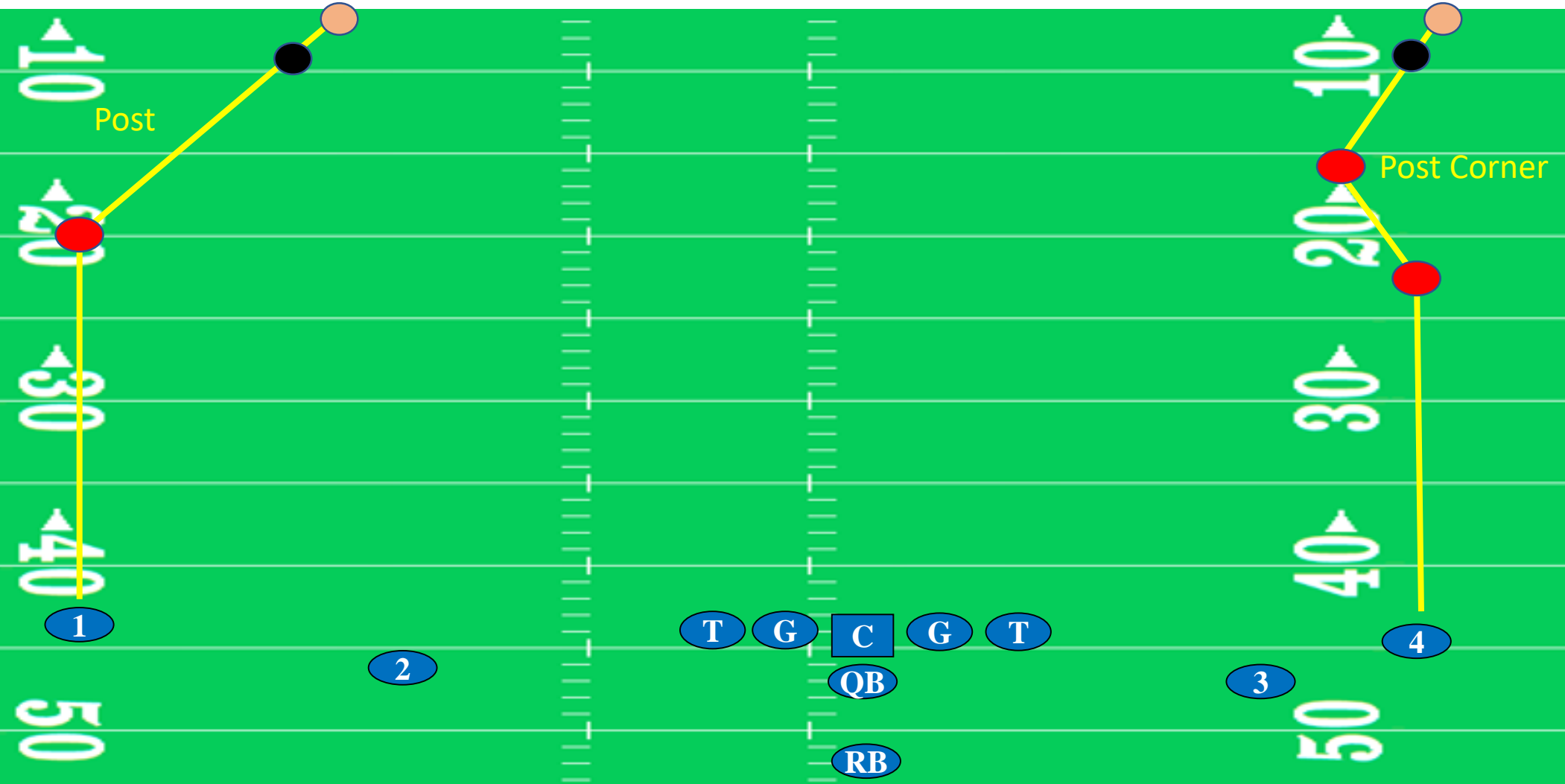
- Not playing the ball ●
- Hook and Turn ●
- Playing through the back ●
- Upper arm grab ●



# Post and Post Corner Routes

Offensive Pass Interference  
- Push off at the top of the route ●

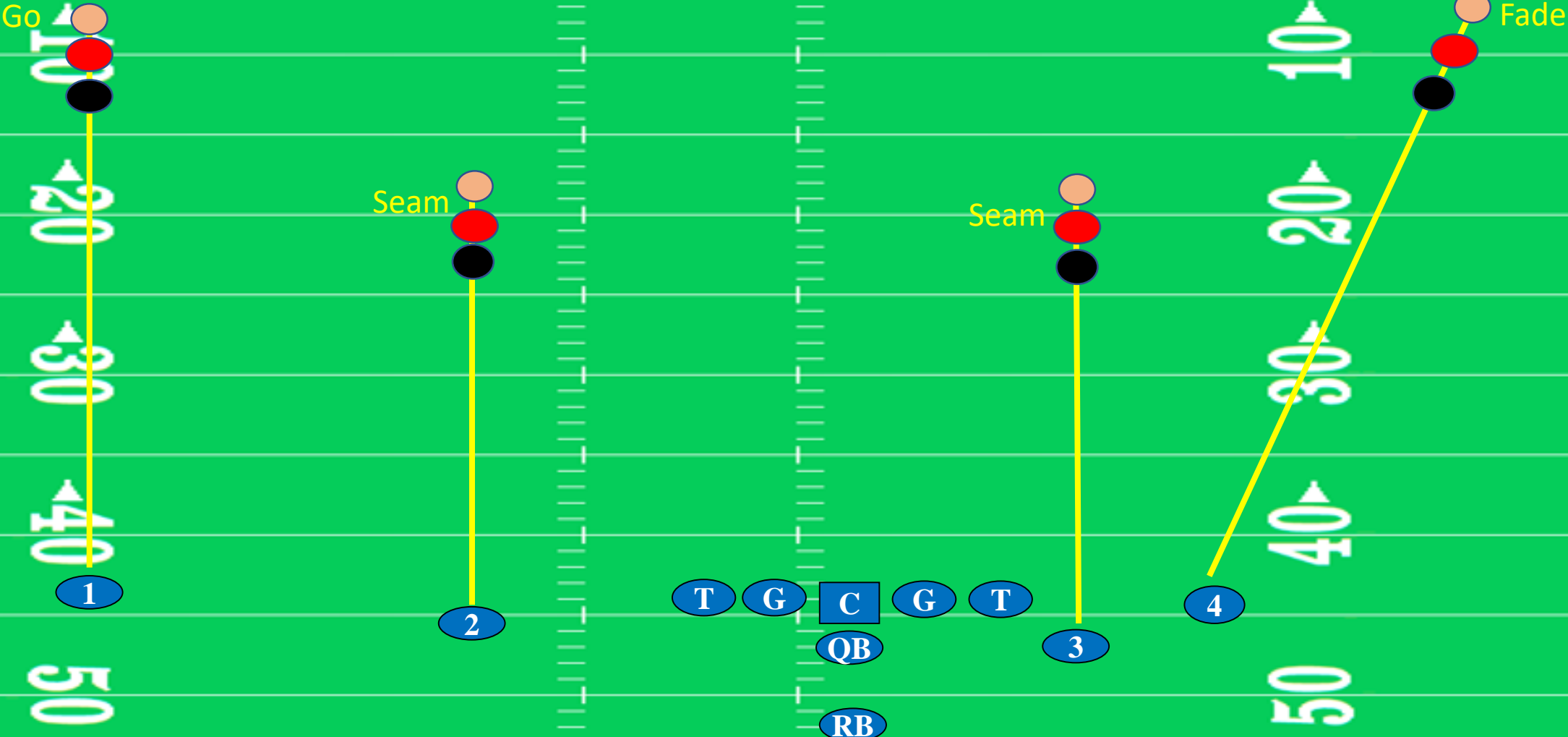
Defensive Pass Interference  
- Not playing the ball ●  
- Arm grab ○



# Go, Seam and Fade (B-20 In) Routes

Offensive Pass Interference  
- Push off to create separation ●

Defensive Pass Interference  
- Not playing the ball ●  
- Arm grab ●



# Pivot and Out Routes

## Offensive Pass Interference

- Push off to create separation ●

## Defensive Pass Interference

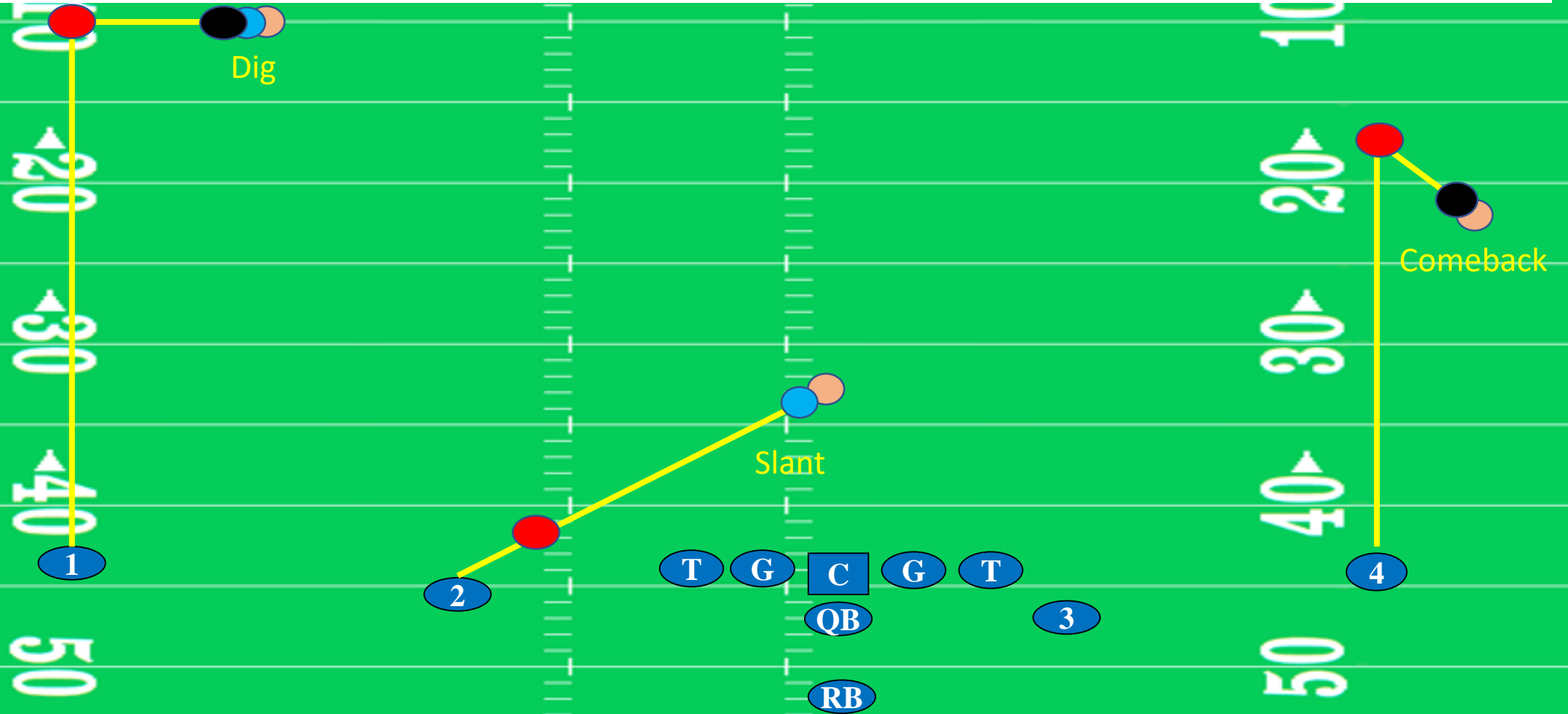
- Hook and Turn ●
- Upper arm grab ●
- Playing through the back ○



# Dig, Comeback and Slant Routes

Offensive Pass Interference  
- Push off to create separation ●

Defensive Pass Interference  
- Not playing the ball ●  
- Hook and Turn ●  
- Arm grab ●



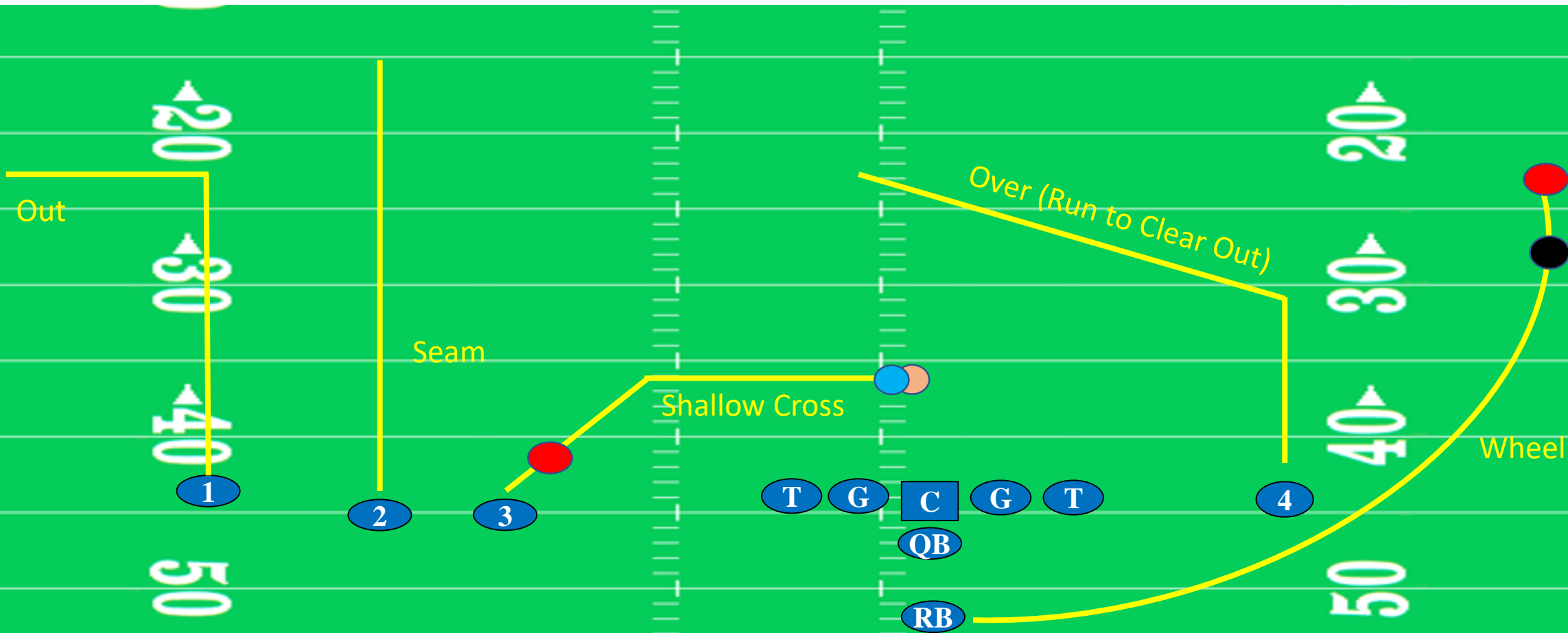
# Shallow Cross, Over and Wheel Routes

## Offensive Pass Interference

- Push off to create separation ●

## Defensive Pass Interference

- Not playing the ball ●
- Hook and Turn ●
- Arm grab ●





# Double-Double Formation with Wheel Route to the Short Side and Double Move to the Wide Side

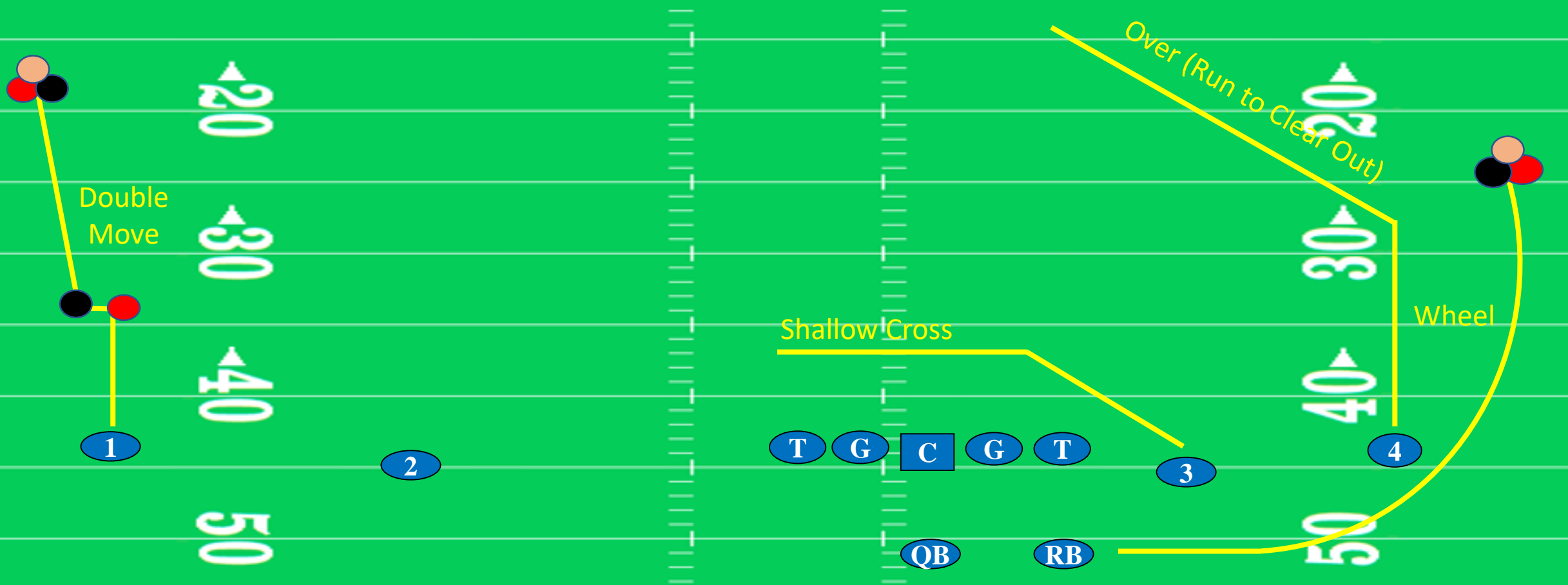
## Offensive Pass Interference

- Push off to create separation ●

## Defensive Pass Interference

- Not playing the ball ●

- Arm grab ●



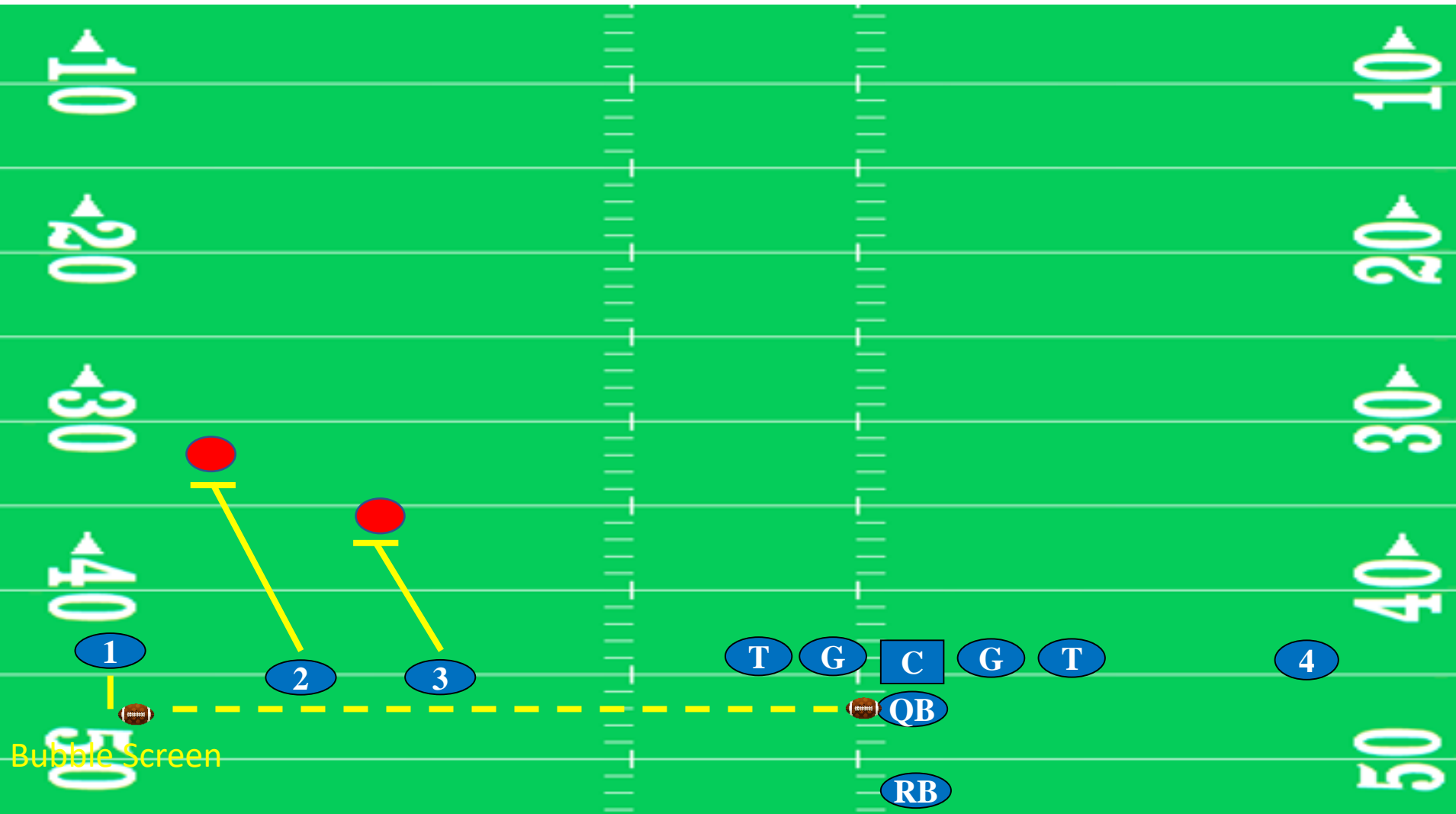
# Bubble Screen (blocking downfield by #2 & #3) Routes

Offensive Pass Interference

- Blocking Downfield ●

Defensive Pass Interference

- None



# Bunch Formation (#2 blocking/driving downfield) Hitch Route #1

## Offensive Pass Interference

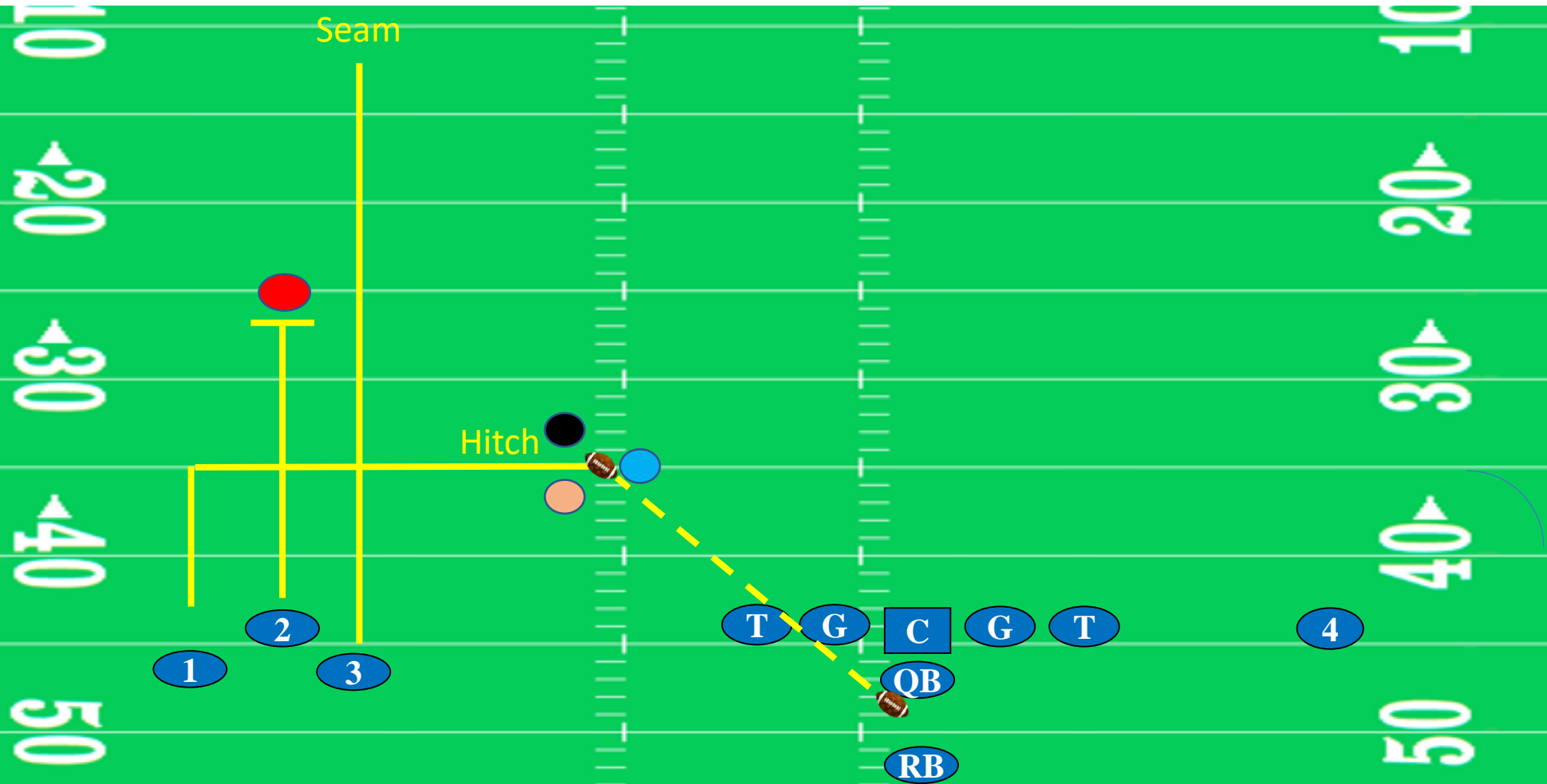
- Blocking/Driving Downfield ●

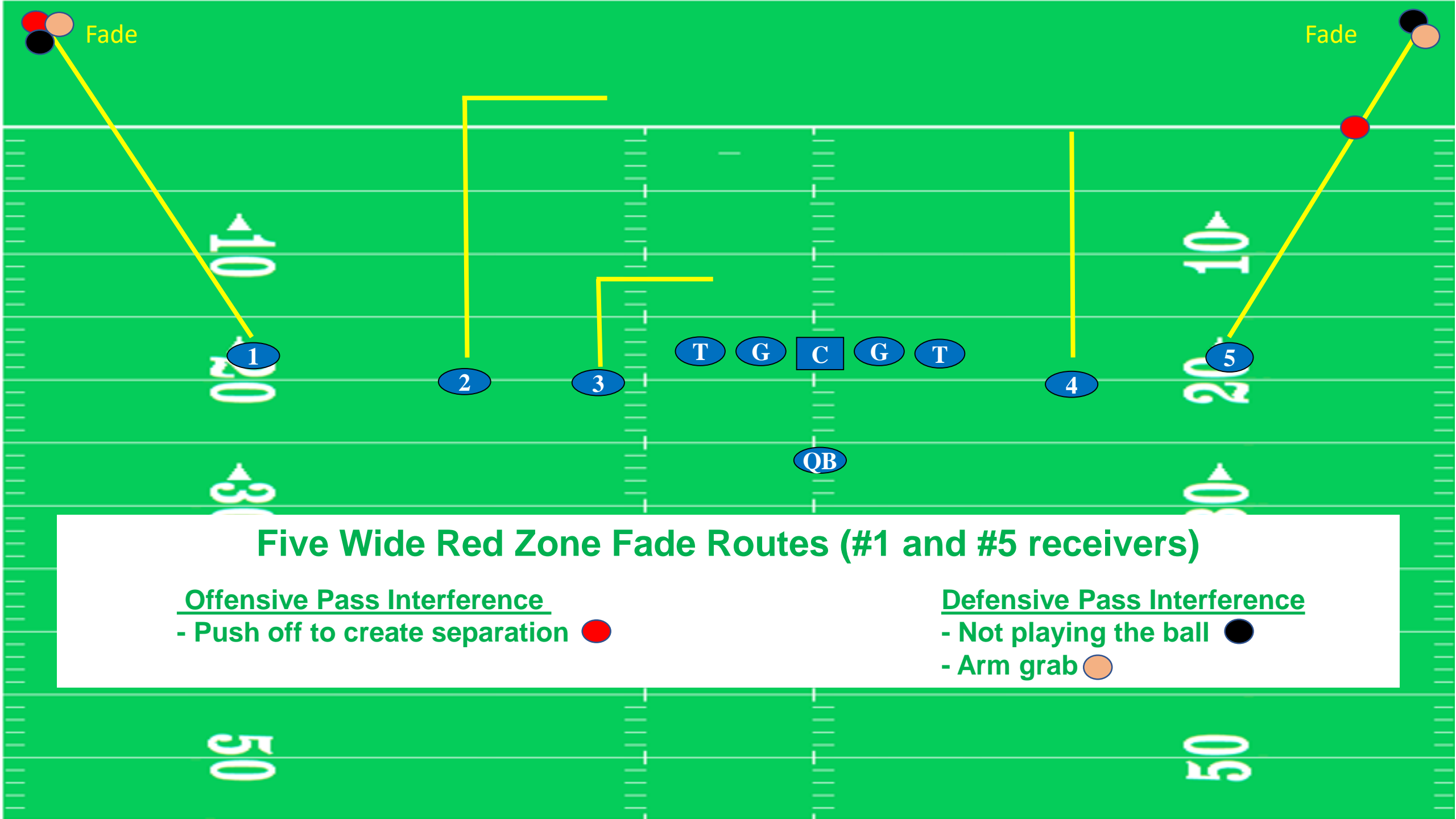
## Defensive Pass Interference

- Not playing the ball ●

- Hook and Turn ●

- Arm grab ●





## Five Wide Red Zone Fade Routes (#1 and #5 receivers)

### Offensive Pass Interference

- Push off to create separation ●

### Defensive Pass Interference

- Not playing the ball ●

- Arm grab ●